Increasing Temperature, Not Mean Temperature, Is a Cue for Avian Timing of Reproduction

Sonja V. Schaper,1,* Alistair Dawson,2 Peter J. Sharp,3 Phillip Gienapp,4 Samuel P. Caro,1 and Marcel E. Visser1

1. Department of Animal Ecology, Netherlands Institute of Ecology (NIOO-KNAW), P.O. Box 50, 6700 AB Wageningen, The Netherlands; 2. Centre for Ecology and Hydrology, Bush Estate, Penicuik, Midlothian EH26 0QB, United Kingdom; 3. Roslin Institute and Royal (Dick) School of Veterinary Studies, University of Edinburgh, Edinburgh, Midlothian EH25 9RG, United Kingdom; 4. Ecological Genetics Research Unit, Department of Biosciences, University of Helsinki, Vikinkkaari 11, FIN-00014 Helsinki, Finland

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Abstract: Timing of reproduction in temperate-zone birds is strongly correlated with spring temperature, with an earlier onset of breeding in warmer years. Females adjust their timing of egg laying between years to be synchronized with local food sources and thereby optimize reproductive output. However, climate change currently disrupts the link between predictive environmental cues and spring phenology. To investigate direct effects of temperature on the decision to lay and its genetic basis, we used pairs of great tits (Parus major) with known ancestry and exposed them to simulated spring scenarios in climate-controlled aviaries. In each of three years, we exposed birds to different patterns of changing temperature. We varied the timing of a temperature change, the daily temperature amplitude, and the onset and speed of a seasonal temperature rise. We show that females fine-tune their laying in response to a seasonal increase in temperature, whereas mean temperature and daily temperature variation alone do not affect laying dates. Luteinizing hormone concentrations and gonadal growth in early spring were not influenced by temperature or temperature rise, possibly posing a constraint to an advancement of breeding. Similarities between sisters in their laying dates indicate genetic variation in cue sensitivity. These results refine our understanding of how changes in spring climate might affect the mismatch in avian timing and thereby population viability.

Keywords: timing of reproduction, supplementary cues, temperature, laying date, Parus major, avian breeding season.

Introduction

The timing of life-cycle events, such as breeding and migration in birds, is a phenomenon that has intrigued biologists for decades. In the temperate zone, strong seasonal fluctuations in food availability determine a short period in spring suitable for reproduction in terms of energy and nutrient availability (Lack 1968; Perrins 1970; Verhulst and Tinbergen 1991). In this period, birds have to lay eggs and raise their offspring. After breeding, they require energy for molt, which has to be completed before conditions deteriorate. The timing of these connected life-cycle stages is crucial to maximize individual fitness (Wingfield and Kenagy 1991; Grieco et al. 2002; Both et al. 2004; Visser and Both 2005; Visser et al. 2006; Wingfield 2008). If the period of chick feeding matches the appropriate local food peak, both fledgling survival (Perrins 1965; van Noordwijk et al. 1995; Sheldon et al. 2003; Charmantier et al. 2008) and parental condition and survival (Thomas et al. 2001) are enhanced.

Because the timing of the food peak differs among years, temperate-zone birds, such as great tits (Parus major), show large annual variation in the onset of laying. This variation is largely due to phenotypic plasticity (Pigliucci 2001): females vary their laying dates according to climatic conditions. Great tits lay earlier, on average, in warm springs (e.g., Kluyver 1952; Perrins 1965; van Balen 1973; Schmidt 1984; Perrins and McCleery 1989), but individuals also differ consistently in their laying date relative to the yearly population mean (Nussey et al. 2005). This can be explained by two possibly complementary hypotheses: first, females differ in their costs of egg production, allowing only high-quality birds to breed at the optimal time, and second, females differ in their use of environmental cues to assess the optimal laying date (Visser et al. 1998, 2010).

Among these cues, increasing day length is considered an initial predictive cue (Silverin et al. 1993; Wingfield 1993; Dawson et al. 2001), acting either directly or via the entrainment of an endogenous circannual rhythm (Gwinner 1986, 1996). Exposure to long days stimulates luteinizing and follicle-stimulating hormone secretion, gonadal...
development, and sex steroid synthesis and release, which facilitates the start of breeding. However, supplementary cues (Wingfield and Kenagy 1991; Wingfield et al. 1992; Dawson 2008), such as temperature, provide information about local conditions and accelerate or delay reproductive development. Observations of tropical birds show a direct relationship between supplementary cues and the onset of breeding (Hau et al. 2000; Wikelski et al. 2000; Hau 2001), but this has seldom been experimentally investigated in temperate-zone birds.

Many tree species, and also arboreal caterpillars that passerine birds rely on in spring to feed their chicks (Persins 1991; Naef-Daenzer et al. 2000; Visser et al. 2006), respond directly to temperature (van Asch et al. 2007). Field observations show a negative relationship between spring temperatures and mean laying date (Slagsvold 1976; Persins and McCleery 1989; Crick et al. 1997; McCleery and Persins 1998; Sokolov 2000; Both et al. 2004; but cf. exceptions in Visser et al. 1998, 2003); however, they never exclude the possibility of indirect temperature effects via, for instance, spring phenology. Experiments comparing artificially heated or cooled nest boxes (Nager and van Noordwijk 1992; Yom-Tov and Wright 1993) failed to provide unambiguous evidence for an advancement in laying through warming. Most laboratory-based experiments employ a strong increase in photoperiod or compare constant and extreme temperatures (Storey and Nicholls 1982; Silverin and Viebke 1994; Silverin 1995; Wingfield et al. 1996, 1997, 2003), although not all do so (Suomalainen 1937; Perfito et al. 2005). Moreover, laying under controlled conditions is rare because of the difficulties of providing captive birds with an environment where they reproduce (but see Meijer et al. 1999; Lambrechts and Perret 2000; Caro et al. 2007). Visser et al. (2009) simulated temperature patterns recorded during years in which mean laying dates in the wild population of great tits differed by 2 weeks. They showed that females under simulated cold/late-year conditions delayed their reproduction compared to the group under warm/early-year conditions. In contrast, Visser et al. (2011), using linear temperature increases differing only in mean temperature, found no distinction in laying dates. Apparently, a constant difference did not capture the temperature effect from the mimicked cold and warm years used by Visser et al. (2009).

Our aim was to unravel the characteristics of a seasonal temperature profile that affect laying dates of great tits. We used unique climate-controlled bird facilities to observe egg laying under controlled photoperiod and temperature conditions. Furthermore, we analyzed temperature effects on endocrine and gonadal development and postnuptial molt, encompassing a large part of the avian life cycle under simulated environmental conditions.

In 2008, we lowered ambient temperature at specific time periods while keeping a control group at a constant temperature. If mean temperature acts as a cue, then birds under constant warm conditions should lay first. Furthermore, if temperature cues become more important as the season proceeds, we expect birds under cold conditions late in spring to lay latest. In 2009, we investigated whether daily variation in temperature affects the onset of laying. Under natural conditions, the difference between daily maximum and minimum temperatures increases progressively during spring. We therefore evaluated the effect of a high or low 24-h temperature amplitude embedded within a high or low mean temperature. If birds respond to daily temperature changes, then females that experience high fluctuations around a warm mean should lay first. Furthermore, if minimum temperature, which restricts the development of invertebrate food (Partridge et al. 1994; Petavy et al. 2001), serves as a cue, then we expect birds experiencing the lowest temperatures to lay latest. In 2010, we simulated patterns of spring increases in temperature that differed in their timing, speed, and maximum, as well as in the timing of a subsequent temperature rise just before laying. If birds use the increase in early spring as a cue, then birds exposed to an early and steep temperature increase should lay first. However, if birds fine-tune their laying by using the temperature rise immediately preceding laying, then we expect a (potentially additional) advancement.

When individuals vary their timing in response to a cue and this response has a genetic component (van der Jeugd and McCleery 2002; Sheldon et al. 2003; McCleery et al. 2004; Nussey et al. 2005), it is crucial to compare related individuals in controlled experiments. Here we present the outcome of three years of experiments on birds of known ancestry from a long-term monitored population.

Material and Methods

**Birds**

We used 36 first-year breeding pairs of great tits in each of the three years. Birds were collected from a long-term study population at the Hoge Veluwe National Park (Netherlands) and taken to captivity as nestlings in 2007–2009. Each year, 10 broods were selected from specifically early- or late-laying maternal lines: five early and five late broods (avoiding replacement broods) with known information about the previous early- or late-laying history of the female herself and/or her mother and grandmother. All chicks were blood sampled when 3 days old and sexed (Griffiths et al. 1998), and extrapair offspring were identified (Saladin et al. 2003) before brood choice. On day 10 after hatching, chicks were taken for hand-raising (Drent et al. 2003) to the Netherlands Institute of Ecology.
(Heteren), where they were weighed (chick weights) as a proxy for early environment condition.

We tested all fledglings for exploration behavior in a novel environment as a measure of personality (Verbeek et al. 1994; Dingemanse et al. 2002). Afterward, they were transferred to open outdoor aviaries (2 m × 4 m × 2.5 m), where they were housed in groups. In December, breeding pairs were formed randomly, avoiding sib matings. In 2008 and 2010, early-laid females were paired with early-laid males and vice versa, while in 2009 all four possible combinations of pairs were formed to decouple sex-specific effects. On December 1, the birds were placed in climate-controlled aviaries to breed in the next year.

Because of fatalities in the young birds from the Hoge Veluwe, we formed some pairs by using additional hand-raised birds with known laying dates. In 2008, five females and three males from an adjacent field site were used. In 2009 and 2010, birds hatched from eggs laid by captive great tits but cross-fostered and raised by wild parents until day 10, the start of hand-rearing, were used: eight females and four males in 2009, one female and nine males in 2010.

Aviaries

We kept the breeding pairs in 36 separate indoor aviaries (2 m × 2 m × 2.25 m) under a photoperiod that was adapted twice a week following the natural change in day length (for 52°N, increasing from 7:45L : 16:15D at the winter solstice to 16:30L : 7:30D at the summer solstice). Light sources were three high-frequency fluorescent light tubes, complemented with an 8-W bulb for an additional half-hour of dawn and dusk. A roof shaft (SolaTube), synchronized with the light schedule, opened to allow for supplementary daylight.

The birds were fed ad lib. with a constant daily amount of food (Visser et al. 2011). Nesting material was provided from March onward. Birds could choose between two nest boxes, which we inspected for eggs from outside the aviary without disturbance.

Temperature Treatments

Previous studies (Visser et al. 2009, 2011) showed that birds vary their egg-laying behavior with temperature in the absence of other supplementary cues. The study described here extends previous results to pinpoint which aspects of a temperature profile influence laying dates. The temperatures are well within the ranges present in our study area over the past 10 years (maxima of 15°C/14°C in December/January and minima of 6.5°C/6°C in July/August, respectively). Each season, a different setup of four temperature treatments was used (fig. 1, left), replicated in a regular design over nine aviaries.

Our aim in 2008 was to examine at which springtime period females were most sensitive to temperature changes. All four treatment groups were kept at a constant temperature of 15°C from December onward. In three groups, this temperature was lowered to 7°C for a month, in February, March, or April, before it was increased to 15°C again, except for the latest cold period, which was maintained until the female initiated laying under cold conditions (fig. 1A). When a female started molting, that is, shed the first primary feather, temperature was increased to 20°C in each aviary individually.

In 2009, our experiment focused on effects of daily fluctuation in temperature. If temperatures were not perceived as absolute values but rather as daily variation, this would allow a bird to measure the progress of spring via the experienced temperature amplitude over a day. To investigate this, we exposed birds to one of four temperature treatments, each composed of a high or low mean temperature with either a high or low day-night amplitude (fig. 1D). The warm treatments fluctuated around 14°C (11°C–17°C for high amplitude, 13°C–15°C for low amplitude) and the cold treatments around 8°C (5°C–11°C for high amplitude, 7°C–9°C for low amplitude). The minimum was reached at 3:00 a.m. There was no seasonal pattern. When females started molting, the temperature was increased to 20°C.

The 2010 setup combined two consecutive temperature rises, one during early gonadal development and the other shortly before breeding. We initially kept all birds at 6°C. On February 8 (January day 39), the temperature was increased rapidly for two groups from 6°C to 16°C over the course of 2 weeks and then maintained at 16°C for 3 or 5 weeks (fig. 1G). Starting on March 15 or 29, the temperature was increased to 20°C over 1 week and stayed high during egg laying and molt. Starting on February 22 (January day 53), the other two groups were exposed to a more gradual increase in temperature, from 6°C to 11°C over a course of 2 weeks, thus experiencing a lower increase rate. These groups were then held at 11°C for 1 or 3 weeks. Starting on March 15 or 29, temperature was increased to 15°C for egg laying and molt (fig. 1G). Superimposed on the temperature profiles was a day-night rhythm of ±1°C.

Data Collection

We checked nest boxes daily for eggs, which were collected and replaced by eggs taken from nests of wild great tits used in cross-fostering experiments. Complete nests were removed after 5 days of incubation, after which some females rebuilt nests and initiated new clutches. The day the first egg was found is referred to as the laying date, and
Figure 1: Temperature treatments (left) and their effect on the onset of laying for females from early (middle) and late families (right) in climate-controlled aviaries in 2008 (A–C), 2009 (D–F), and 2010 (G–I). Colors of the temperature patterns on the left identify the treatments in all subsequent graphs. For a description of the treatments see “Material and Methods.” Note that in 2009 the temperature pattern did not vary seasonally. B, C, E, F, H, I. Survival graphs showing the outcome of the proportional hazard model in table 1a. Lines show the proportion of females per treatment that are not yet laying in relation to the first laying date of the year. The middle panels show the earliest-laying family of each year (mother’s laying dates: April 7, 2008; April 3, 2009; April 8, 2010) and the right-hand panels the latest-laying family (mother’s laying dates: April 20, 2008; April 26, 2009; April 18, 2010). Days represent days after the first laying date: April 17, 2008, April 15, 2009, and April 23, 2010. A fast-descending line represents a group that starts laying early. Note that in F the red and yellow lines are superimposed.

the day the last egg of the last clutch was laid is referred to as the date of termination of reproduction.

A 100-μL blood sample was taken monthly from the jugular vein. Samples were kept on ice until centrifugation, and plasma was separated and stored at −80°C. Plasma luteinizing hormone (LH) concentrations were determined with a chicken LH radioimmunoassay (Sharp et al. 1987) validated for use in blue tits (Caro et al. 2006). The assay reaction volume was 60 μL, comprising 20 μL of plasma sample or standard, 20 μL of primary antibody (rabbit anti-LH), and 20 μL of 125I-labeled LH. The primary antibody was precipitated to separate free and bound 125I label by use of 20 μL of donkey antirabbit precipitating serum and 20 μL of nonimmune rabbit serum. All samples from each year were measured in a single assay, in duplicate. The intra-assay coefficient of variation was 6.4% for a high-value pool and 8.1% for a low-value pool; the minimum detectable dose was 0.15 ng/mL.

In alternation with blood sampling, we performed a monthly laparotomy to measure gonadal development. Males were assessed from January to July and females up to April in order not to interfere with laying. However, in
2009 females were not laparotomized in April, with no effect on the onset of laying, and in 2010 we did no laparotomy in January, as little variation in gonad sizes had been shown in previous years. Birds were unilaterally laparotomized under isoflurane anesthesia (Forene, Abbott, Hoofddorp, Netherlands). Left-testis length and width and the diameter of the largest follicle in the ovary were measured to the nearest 0.1 mm with an ocular scale. Testis volume was calculated as $V = \frac{4}{3}\pi a^2 b$, where $a$ is half the width and $b$ is half the length; follicle volume was calculated as $V = \frac{4}{3}\pi a^3$, where $a$ is half the width.

We recorded the molt of the primary wing feathers bi-weekly in 2008 and weekly in 2009 and 2010. The molt score was calculated following Dawson and Newton (2004), with great tit–specific parameters from Dawson (2005b). For each individual, date was linearly regressed against molt score. The onset (intercept) and speed (slope) of molt allowed us to calculate molt duration.

**Statistical Analyses**

The onset or termination of reproduction can be viewed as a “time to event” and analyzed with mixed-effects Cox proportional hazard models (Cox 1972). The probability that an animal will start laying on a particular day is a function of an unspecified baseline hazard (Kalbfleisch and Prentice 2002) multiplied by a number of explanatory variables, which include fixed as well as time-dependent variables. This approach has been applied to the analysis of timing of reproduction and migration of wild populations (Gienapp et al. 2005, 2010; Bauer et al. 2008).

The advantage of this method over regression of individual observations against a temperature measure is that there is no need to specify a fixed time period of interest. Instead, we used an iterative procedure based on a linear predictor for the calculation of a temperature variable ($\lambda$) that incorporates the current as well as earlier temperatures experienced by the organisms (for details, see Gienapp et al. 2005). A weighting factor ($\alpha$) assesses the relative importance of current versus earlier temperatures: if this factor is large, the model places a high weight on the most recent temperature (the temperature variable resembles the mean of that particular day), while if it is small, previous temperatures are given more importance, which implies a longer “memory” of temperature conditions. Values for the weighting factor ranged from 0.01 to 0.2 in increments of 0.01. In the model-reduction process (based on a partial maximum likelihood method), the best linear temperature predictor $\lambda$ was recalculated in each reduction step. The mean December temperature of individual aviaries was used as a starting value, and daily mean temperatures modified by the weighting factor were used as time-dependent variables. Use of minimum temperatures did not give qualitatively different results. Statistical significance was tested with likelihood ratio tests (Therneau and Grambsch 2000). We used the coxme (including random effects) and coxph procedures from package kinship in R 2.10.0 (R Development Core Team 2009).

Temperature was coded either as a four-level treatment or as time-dependent realized temperatures (integrated by $\alpha$ and therefore including within-treatment variation over time). For each year, a complex model incorporated female family as a random factor, temperature, chick weight (measure for early-life condition), personality (responsiveness to environmental variability and social stimuli), and date of birth (date of the mother’s first egg of the clutch from which that bird originated, i.e., early- and late-laid birds). Furthermore, the interaction between female date of birth and temperature was added. The time-dependent interaction between photoperiod and temperature was included in the model for onset of laying. Because day length is linearly related to date, it was impossible to include as a main effect. In 2009, the genetic composition of the pair (e.g., early-laid female–late-laid male) was added. In addition, models that used only female or male family as explanatory variables while controlling for temperature treatment were used to assess differences in laying behavior between families.

Gonadal development was analyzed in mixed models (procedure lmer, package lme4 in R 2.10.0), with individual as a random effect. Data on gonadal maturation (January–April) was log transformed to account for exponential growth. Fixed effects were month, tarsus length as a measure of body size, temperature treatment, date of birth, and the interaction between temperature treatment and date of birth. Male gonadal regression did not follow a negative exponential pattern, and log transformation did not facilitate a better model fit. Testis volume was therefore analyzed separately for May–July. As tarsus length was not correlated to gonadal growth, it was excluded from the analyses of gonadal regression. Family was fitted as a random effect.

Luteinizing hormone levels were log transformed and analyzed over the whole season in mixed models using individual and family as nested random effects. Fixed effects were month as a factor, temperature treatment, date of birth, personality, and date of birth of the mate as well as the interactions between temperature treatment and month and temperature treatment and date of birth.

Onset and duration of molt were analyzed in mixed models using family as a random effect. First, laying/non-laying birds were compared, showing that birds that skip reproduction mostly start molt earlier. A subsequent analysis included only laying pairs and used date of termination of reproduction, temperature treatment, and date of birth as fixed effects.
Results

Onset of Reproduction

In 2008, when the effect of cold periods in different spring months was tested, 24 out of 36 pairs initiated at least one clutch, starting on April 17. Temperature treatments affected the onset of laying differently for early- and late-laid birds (early-laid birds had a mother that laid early). Cold conditions in February or March, followed by a temperature rise, made early-laid females lay significantly earlier than early-laid females in constant warm conditions or early-laid females that experienced a cold period in April with no subsequent temperature rise. In contrast, cold conditions in February or March, followed by a temperature rise, made late-laid females lay significantly later (table 1a; fig. 1B, 1C). In the model using realized temperatures as a time-dependent variable, the small value of the weighing factor ($\alpha = 0.04$) indicated a long-term temperature integration to be appropriate. This long-term pattern especially influenced the laying decision of late-laid females: overall cold conditions induced an advance and warm conditions a delay. In contrast, early-laid females did not change their laying date in response to long-term temperature (table 1b).

In 2009, when the effect of daily temperature variation was tested, 27 pairs initiated at least one clutch, starting on April 15. Neither temperature treatment nor realized temperature influenced the onset of laying (table 1; fig. 1E, 1F). Note that in this setup, daily means did not distinguish between high- and low-daily-amplitude treatments, except for variation between aviaries. An analysis comparing minimum temperatures also failed to show any temperature effect on laying date (data not presented). The onset of laying in early- and late-laid females was not influenced by whether they were paired with males from either late- or early-laying families (pair composition; table 1).

In 2010, when the effect of temperature-increase patterns in early and late spring was tested, 18 pairs initiated at least one clutch, starting on April 23, about 2 weeks after the last increase in temperature. The onset of reproduction was determined by the temperature rise shortly before laying: an earlier rise in late spring led to earlier laying, independent of the temperature pattern in early

<table>
<thead>
<tr>
<th>Table 1: Effects of temperature treatment, or realized temperature, and individual traits on the onset of reproduction</th>
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<tr>
<td><strong>Temperature treatment and individual traits:</strong></td>
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<tr>
<td>Temperature treatment</td>
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<tr>
<td>23.80 3 .001**</td>
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<tr>
<td>Laying date of female’s mother</td>
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<td>6.70 1 .41</td>
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<td>Treatment × laying date of female’s mother</td>
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<td>24.67 1 .001**</td>
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<tr>
<td>Laying date of male’s mother</td>
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<td>Female chick weight</td>
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<td>5.06 1 .003**</td>
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<td>Male personality</td>
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<td>1.76 1 .010*</td>
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<tr>
<td>Male chick weight</td>
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<tr>
<td>3.46 1 .081</td>
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<tr>
<td>Pair composition</td>
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<td>6.88 3 .076</td>
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<tr>
<td><strong>Realized temperature and individual traits:</strong></td>
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<td>Realized temperature</td>
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<td>2.27 1 .13</td>
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<td>Best weighing factor $\alpha$</td>
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<td>.04 .01 .14</td>
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Note: We tested how the onset of reproduction in 2008–2010 was affected by temperature treatments (a) or realized temperatures and individual traits (b). The best weighting factor $\alpha$ is given in the "df" column for each year. Female family was fitted as a random effect. Statistics are given for the point of exclusion from the model. In case of significant interactions, statistics for the components are given in the presence of the interaction. Therefore, statistics for a continuous variable cannot be provided for an interaction of this variable and a factor.

* $P < .05$.
** $P < .01$. 

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Temperature and Timing of Reproduction

Figure 2: Changes in the concentration of plasma luteinizing hormone (LH) in females (left) and males (right) for the years 2008 (A, B), 2009 (C, D), and 2010 (E, F). Birds were exposed to temperature treatments shown in figure 1, with the same color coding. Means ± standard errors are shown.

spring (table 1a; fig. 1H, 1I). The weighting factor for the best time-dependent temperature variable was fairly large ($\alpha = 0.14$), indicating that the laying date in this year was based on recently experienced temperatures. Overall colder spring conditions advanced the start of laying (table 1b).

To test for genetic effects on timing, we compared laying dates, after controlling for temperature treatment, within and across families. In 2009 and 2010, females from the same family had similar laying dates (female family: 2009: $\chi^2_{16} = 26.84, P = .02$; 2010: $\chi^2_{16} = 21.98, P = .005$), while in 2008 and 2010 there was a similarity of females mated to brothers (male family: 2008: $\chi^2_{16} = 34.39, P < .001$; 2010: $\chi^2_{16} = 30.03, P < .001$).

Termination of Reproduction

Data on the termination of reproduction are presented in appendix A, available online. In summary, only the temperature development late in spring played a role in the termination of laying. Comparably to the onset of reproduction, early- and late-laid females reacted differently to temperature cues. In all years there was a consistent resemblance between sisters, suggesting a strong genetic component (2008: $\chi^2_{16} = 30.25, P < .001$; 2009: $\chi^2_{16} = 29.15, P = .010$; 2010: $\chi^2_{16} = 16.52, P = .036$).

Additional Effects of Individual Characteristics

In 2008, high novelty-seeking behavior and higher female chick weights induced earlier laying in adults, while in 2010 laying was delayed by high novelty-seeking behavior and also when females had a partner that was an early-laid or light chick (table 1a). In models using realized temperature, females that had been heavier chicks laid later in 2010 (table 1b). Because of inconsistency, these observations are deemed not to be biologically meaningful.

Luteinizing Hormone (LH)

Female LH plasma concentrations increased over spring in all years, peaking in April/May (fig. 2A, 2C, 2E). The same distinct seasonal peak was found in males in 2008.
However, males in 2009 had a wider peak, while in 2010 males reached maximum concentrations in early spring (fig. 2B, 2D, 2F). Temperature treatment did not influence LH concentrations, except in 2009, when females experiencing a narrow temperature variation around a low mean tended to have elevated levels (table 2). Temperature treatments affected early- and late-laid males differently in 2009: early-laid males experiencing warm temperatures and a wide variation had lower LH concentrations than late-laid males in all treatments (table 2). In 2009, low novelty-seeking behavior was correlated with low LH concentrations (table 2), also observable as a trend in males of 2008.

### Gonadal Development

The largest ovarian follicles grew exponentially over time, but temperature treatments had no effect on their size in any year (table 3a; fig. 3). In 2010, early-laid females grew their follicles faster than late-laid females (table 3a).

Testis sizes followed a typical pattern of steep recrudescence, peaking in April, and subsequent regression. Testis maturation was independent of temperature treatment in any given year (table 3b; fig. 3). However, in 2008, gonadal regression was delayed in males that experienced a cold period compared to that in males under a constant warm temperature (table 3c; fig. 3B). In addition, in some months the rate of testis regression differed between early- and late-laid males (table 3), but not in a consistent pattern.

### Discussion

Our studies are among the first to investigate how spring temperature patterns affect laying dates under controlled conditions. We show clearly that, despite previous assumptions, warm temperatures alone do not accelerate the onset of laying in great tits. In 2008, females that experienced a constant warm spring did not, on average, lay earlier than birds exposed to a cold period. In 2009, irrespective of the daily amplitude around the mean, females kept under a high average temperature did not lay earlier during the cold period, while those under a constant warm temperature did. In 2010, males that experienced a cold period at the beginning of the breeding season molted significantly faster than those under a constant warm temperature. The rate of testis regression differed between early- and late-laid males (table 3), but not in a consistent pattern.
Table 3: Effects of temperature treatment and individual traits on gonadal development

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<td>$\chi^2$</td>
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<td>$\chi^2$</td>
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<tr>
<td>a. Follicle volume, January–April (log):</td>
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<tr>
<td>Temperature treatment</td>
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<td>3</td>
<td>.92</td>
<td>2.60</td>
<td>3</td>
<td>.46</td>
</tr>
<tr>
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<td>.12</td>
<td>.26</td>
<td>1</td>
<td>.61</td>
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<tr>
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<td>4.19</td>
<td>3</td>
<td>.24</td>
<td>2.51</td>
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<td>.47</td>
</tr>
<tr>
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<td>1</td>
<td>.31</td>
<td>1.55</td>
<td>1</td>
<td>.21</td>
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<td>Month</td>
<td>261.2</td>
<td>1</td>
<td>&lt;.001**</td>
<td>97.71</td>
<td>1</td>
<td>&lt;.001**</td>
</tr>
<tr>
<td>b. Testis volume, January–April (log):</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Temperature treatment</td>
<td>2.35</td>
<td>3</td>
<td>.50</td>
<td>2.61</td>
<td>3</td>
<td>.46</td>
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<tr>
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<td>.94</td>
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<td>&lt;.001**</td>
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<td>Temperature treatment</td>
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<td>.024*</td>
<td>5.05</td>
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<td>.021*</td>
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<tr>
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<td>3</td>
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<td>4.88</td>
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<td>.18</td>
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<td>d. Testis volume, June:</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Temperature treatment</td>
<td>3.71</td>
<td>3</td>
<td>.29</td>
<td>9.28</td>
<td>3</td>
<td>.026*</td>
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<tr>
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<td>4.06</td>
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<td>.044*</td>
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<td>.29</td>
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<td>6.70</td>
<td>3</td>
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<td>.038*</td>
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<tr>
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<td>.12</td>
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<tr>
<td>Treatment $\times$ laying date of male’s mother</td>
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<td>3</td>
<td>.39</td>
<td>4.56</td>
<td>3</td>
<td>.21</td>
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Note: Gonadal recrudescence for females (a) and males (b) between January and April 2008–2010 (not containing April 2009 for females and January 2010 for both sexes) was log transformed. Testicular volume in May, June, and July was analyzed in separate models (c–e, respectively). Individual (in the case of gonadal recrudescence) and family were fitted as random effects. Statistics are given for the point of exclusion from the model. In case of significant interactions, statistics for the components are given in the presence of the interaction. Therefore, statistics for a continuous variable cannot be provided for an interaction of this variable and a factor.

* $P < .05$.

** $P < .01$.

than females kept under a low temperature. In 2010, females that experienced a fast and warm early spring (green and red lines in fig. 1G) did not lay earlier overall than females that experienced a slow and colder spring (blue lines in fig. 1G). The lack of an advancing effect of higher mean temperature is in accordance with the results of Visser et al. (2011), who did not find a difference in laying dates between females from cold and warm treatments that experienced a similar progressive increase in temperature. As it is well known that birds in the wild (e.g., Cresswell and McCleery 2003; Both et al. 2004) and in captivity (Visser et al. 2009) do lay earlier under natural temperature patterns of warm years, the key question is to which component of the patterns of change birds respond.

Our results clearly suggest that the relevant information resides in the periods of increasing temperature. In 2008, exposure to a temperature increase at the end of February or March advanced the onset of laying in genetic early layers and delayed it in genetic late layers, compared to that in females in other treatments. This shows that birds are sensitive to an increase in temperature well in advance of laying; this is also indicated by the best integrated-temperature variable, which shows a long-term integration of temperature to be relevant for the laying decision. In 2010, a temperature increase close to the laying period advanced laying, independently of the temperature pattern in early spring. Similar to 2008, an overall warmer spring even delayed laying in 2010. The relevance of more recent temperatures was also reflected in the choice of the best integrated-temperature variable. The importance of a temperature rise close to laying resembles findings by Meijer et al. (1999), who observed that pairs of starlings (Sturnus vulgaris) kept in groups in climate chambers started laying about a week after a 5°C temperature increase at different dates in April.

These observations show that the weight given to specific temperature cues changes over spring and that these cues are interpreted differently by birds with different ge-
There is no universal answer to the question of which spring-period changes in temperature have the largest effect on the laying date, as this depends on the nature of the temperature pattern. Results from 2008 and 2010 show that around March, an increase in spring temperatures to a moderate level advances the onset of laying, especially for birds from early-laying families. A moderate increase at this time, not rising too high, might be recognized as an indication of a long season, with conditions adequate to allow for more than one breeding attempt. Early-laying females could therefore try to raise their first clutch in advance of the food peak, increasing their chances of raising a second brood as well (Crick et al. 1993; Verboven and Verhulst 1996). We know that in our population more pairs produce a second brood in colder years (Husby et al. 2009); however, patterns of temperature increase have not been assessed in this respect yet. Late-laying females also respond to a temperature increase around March but delay their reproduction. This could mean that they try to synchronize their only breeding attempt with the later-anticipated food peak. In 2010, a second temperature increase close to the laying period had an advancing influence on the onset of laying in both early- and late-laid females. In combination, these results demonstrate that birds that experience a temperature rise in early spring up to moderate temperatures lay early if they are from an early-laying family but that this genetic disposition can be overruled by a temperature increase close to laying, which induces early laying in all birds. It seems plausible that temperature cues can affect different developmental stages and that the implication of such cues, as well as the intensity of a behavioral response, changes over time (Wingfield 2008).

In addition, we can exclude the possibility that birds integrate temperature cues for the initiation of laying as the experienced daily temperature range. Furthermore, a clear difference in minimum night temperature, an important factor restricting invertebrate development, did not affect laying dates in 2009.

The use of siblings allowed us to investigate genetic or early environmental effects on the timing of reproduction. In two years, sisters resembled each other in their laying

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**Figure 3:** Growth of the largest ovarian follicle in females (left) and the left testis in males (right) for years 2008 (A, B), 2009 (C, D), and 2010 (E, F). Birds were exposed to temperature treatments shown in figure 1, with the same color coding. Means ± standard errors are shown.
date more than did unrelated females, which is consistent with an earlier study showing that temperature sensitivity in great tits depends on genotype (Visser et al. 2011). In addition, laying dates in 2009 were closely correlated with laying dates recorded one year later by the same pairs in open aviaries (Schaper et al. 2011). Visser et al. (2009) also found a high repeatability in the distribution of laying dates of females breeding both in climate-controlled aviaries and in the wild. This consistency points to a similarity in the physiological setup of related females that leads to a certain timing of laying. That timing of reproduction has a heritable component is known for a number of species (Prendergast et al. 2004; Brommer et al. 2005; Nußey et al. 2005; Gienapp et al. 2006). If a large part of the response mechanism to environmental cues is determined by genetic differences, then the maintenance of diversity in these mechanisms indicates that they do equally well over a large number of years. Adaptations in the way cues are both perceived and physiologically transduced into behavioral responses should be further investigated.

In 2009, “mixed pairs,” for example, early-family female–late-family male, were formed to decouple genetic dispositions. In that year, we found no support for indirect genetic effects (Brommer and Rattiste 2008; Visser et al. 2011), that is, no male family effect and no clear influence of the pair composition.

Further, we cannot conclude that females that experienced good conditions as nestlings show carryover effects and lay early. In addition, even though social cues are certainly an important component of the laying decision (Helm et al. 2006), it is not apparent that males with a high personality score, which are more active singers (Naguib et al. 2010), induce their mates to lay early.

The timing of reproduction determines the earliest possible time to start molt and thus relates to energy partitioning and condition over winter. As temperature is indicative of the rate at which prey availability declines, it should affect the decision to stop laying, which we confirmed here. We found a consistent resemblance between sisters in the termination of laying in all years, possibly showing genetic differences in temperature sensitivity between early- and late-laying families, as these varied in termination dates in response to temperature. These intriguing results support similar findings by Visser et al. (2011).

The timing of the rise in plasma luteinizing hormone (LH) concentration and gonadal maturation did not differ between birds that were exposed to diverse spring temperature patterns. This confirms that early stages of the reproductive cycle are not fine-tuned by temperature cues (Caro and Visser 2009). Despite a number of well-designed experiments, there is still conflicting evidence about temperature effects on reproductive physiology (e.g., Suomalainen 1937; Storey and Nicholls 1982; Silverin and Viebke 1994; Wingfield et al. 1996, 1997, 2003; Dawson 2005a; Perfito et al. 2005; Caro et al. 2009). At temperate latitudes, the timing of gonadal growth seems to be predominantly controlled by photoperiod. Therefore, in great tits a substantial advancement of laying due to benign spring conditions could be constrained by the functionality of the female reproductive system, setting an earliest possible laying date relative to the lengthening photoperiod. However, because the decision to lay itself is fine-tuned by the rise in temperature over the season, this points toward an unknown neuroendocrine mechanism, not reflected in gonadal development, that mediates the integration of temperature cues at the time of gonadal development and is involved in the laying decision. Because wild birds are exposed to a suite of interrelated cues, gonadal development is possibly fine-tuned by nontemperature cues.

Testis regression overall was not affected by temperature. However, it was advanced by a constant warm spring in 2008, even though the temperature difference of 8°C was small relative to that in other studies. That constant warm temperatures induce early regression (Silverin and Viebke 1994; Dawson 2005a; Silverin et al. 2008; Visser et al. 2011) and that very low temperatures delay it (Jones 1986) are well documented, but possible mechanisms are still debated. High concentrations of prolactin are associated with gonadal regression and the start of molt (Dawson and Sharp 1998), and some studies have suggested that high temperatures may enhance prolactin secretion (Maney et al. 1999; Gahali et al. 2001). However, recent studies have shown no evidence for this (Dawson and Sharp 2010; Visser et al. 2011). Why differences in the timing of regression were observed only in 2008 is unclear, but constant temperatures might be a reason. Remarkably, even a cold period in February/March prolonged testis function, suggesting again the involvement of an elusive neuroendocrine signal that transduces temperature information toward later life-cycle stages.

Temperatures experienced in spring, as well as moderate temperature differences during the molting period itself, do not play a relevant role in the timing of postnuptial molt in great tits. In contrast, our results underline the importance of the termination of reproduction in influencing later life-cycle stages.

**Concluding Remarks**

Experiments on direct temperature effects on the timing of avian reproduction have produced ambiguous results, reflecting the complexity of the decision-making process. Our results show that an overall warmer spring by no
means leads to an earlier onset of breeding but that it is rather the temperature increase that is used as a cue by female great tits to time their onset of laying. The mechanisms involved remain to be established. We therefore encourage further experiments under controlled conditions that take into account temperature variation, but we also encourage a reevaluation of temperature patterns preceding the breeding season and possible correlations with laying dates in long-term-studied wild populations.

Our results further indicate that birds from different genetic backgrounds react differently to temperature cues in early and late spring. It has yet to be determined in what aspects these families differ. Environmental information that produces plasticity in laying has to be received, processed, and integrated into a decision, a process mediated by the neuroendocrine system (Ball and Balthazart 2002; Lessells 2008; Lyon et al. 2008). The variation on which selection can act has to be genetic variation in (a combination of) underlying mechanisms (Wingfield et al. 2008; Bourgault et al. 2010; Visser et al. 2010a). We still know too little about how and where temperature cues are integrated, in contrast to photoperiodic cues (Sharp 2005). We found no evidence that early stages of reproductive development were affected by spring temperature, which indicates that a so-far-unconsidered pathway, such as the hypothalamo-pituitary-thyroid axis (Wada 1993; Wingfield et al. 2003; Chastel et al. 2003), or a synergism involving multiple signals could be responsible for conveying the information that ultimately induces laying. However, to elicit an organized physiological response, supplementary cues, such as temperature patterns, presumably have to converge on the gonadotropin-releasing hormone system (Ball 1993; Hau 2001).

Climate change is affecting living systems in complex ways (Parmesan and Yohe 2003), and studies on phenology become increasingly relevant in this framework (Peñuelas and Filella 2001), as the initiation of life-history traits and the overall development of biological systems are highly temperature dependent (Parmesan and Yohe 2003; Root et al. 2003). In our study system, the relationship between food availability in spring and environmental cues used for timing of reproduction has shifted as a result of climate change, and great tits, as well as other small passerines, appear to be unable to compensate for this mismatch by adjusting their time of breeding (Visser et al. 1998; Both et al. 2004; Coppock and Pulido 2004). Our experiments offer insights into the scope of individual variation in response to temperature cues as well as into the genetic basis underlying it, which is crucial for natural selection to restore the synchrony of timing of reproduction with the altered phenology of environmental conditions.

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